Learning Our Faith



The Year of the Catechism Embark on a transformative journey with the Year of the Catechism! Immerse yourself in a rich tapestry of classes and teachings designed to deepen your understanding of the Catholic faith. Engage with

thought-provoking video series that bring ancient wisdom into the modern context. Elevate your spiritual growth with our weekly podcasts, offering insightful discussions and reflections. Join us as we explore, learn, and strengthen our faith together throughout this enlightening year of discovery and connection.

Monday Night Adult Catechesis The Catechism of the Catholic Church

"In reading the Catechism of the Catholic Church we can perceive the wonderful unity of the mystery of God..." — Pope St. John Paul II

Join Fr. Daniel every Monday night, either in-person in the Holy Family Hall from 6:30-7:30 or online from the comfort of your home on our Youtube, Facebook, Parish Website, or Microsoft

The Catechism is grounded in God's Word and filled with truth. This book offers answers to the questions that the faithful—and the non-faithful—might have. It is a work of love, worthy of reading and learning more about. The bishops wanted to guard the Faith and present its rich beauty. This is why they relied heavily on Scripture, Church Doctors, and various Papal Documents and Councils that offer insightful commentary.

Thursday Night Bible Study

Discover the Amazing Riches of the Catholic Faith What is the Catholic Church all about? What does it mean to be Catholic? What do Catholics actually believe?

The Catholic Church is extraordinary. Founded by Christ himself, the Catholic Church is where we encounter God in his Word, his sacraments, and his saints. The Church faithfully proclaims the fullness of faith, leaving no truth out. It proclaims the fullness of life, leaving no person out. It calls all to repent and to believe in God the Father, Son, and Holy Spirit, the source of all life and salvation. Maybe you've been Catholic

Maybe you're just beginning to explore the Catholic Faith. Wherever you may be in your journey, you will be profoundly moved by the beauty and the richness of the Catholic Church.

What We Believe: The Beauty of the Catholic Church will be offered every Thursday evening from April - June in the Holy

For more information on Catechetical Offerings please contact Tyler Nadeau (207) 705-3745 Tyler.Nadeau@PortlandDiocese.org

Sunday School that's actually fun! For grades 3-6 at Holy Trinity & Holy Family - The Journey Continues...

So you have Children who have been confirmed, they "graduated" right? They are now perfect Catholics and know everything they need to know for life! We all know that in order to grow in anything we do, we have to practice. And what better way to practice our faith than with others who seek the same goal. We are pleased to offer Life-sharing Groups for kids in grades 3-6 to continue building a life of Heroic Virtue on Sunday Mornings at Holy Trinity in Lisbon

Kid-Friendly Masses

Children's Lituray of the Word is a special program where children temporarily leave the main assembly during Mass t hear the Scripture readings in a way tailored to their understanding. It often includes simplified explanations, discussions, and activities related to the Gospel or other readings, fostering a more accessible and engaging experience for young participants. This is offered at both 10:30am Masses on Sunday at The Basilica and Holy Trinity

Catholic Summer Camp! —Totus Tuus

Totus Tuus is a week-long Catholic youth program for students from 1st through 12th grade dedicated to teaching the Gospel and deepening love for the Church through catechesis, prayer, Christian witness, and the sacraments. Activities include engaging sessions on faith, outdoor games, a water balloon fight with a special hose down by a firetruck and so much more. Our Parish is hosting this program from June 16th-21st **NEW LOCATION** Holy Trinity Church in Lisbon Falls.

On August 15th, 2023 Father Daniel met with a derful meeting of shared ideas, the group was eager to beg e primary goal is to care for the homeless and needy by aging with them, acknowledging their presence, and sharin

new street ministry is named "Cross the Street" meaning the en we go out in small groups of three or more, we will Cros ng each other. As Mother Theresa said: "Only in heaven w e see how much we owe to the poor for helping us to love Go

f you are interested in joining us in this effort to go out on the street or contribute supplies and pack them, you can email: Rit Leslie at crossthestreetministry@gmail.com



Where does prayer come from?

"Where does prayer come from? Whether prayer is expressed in words or gestures, it is the whole man who prays. But in naming the source of prayer, Scripture speaks sometimes of the soul or the spirit, but most often of the heart (more than a thousand times). According to Scripture, it is the heart that prays. If our heart is far from God, the words of prayer are in vain."

- The Catechism of the Catholic Church Paragraph 2562

How Do We Pray?

How do we pray? If you find yourself asking this question, please know that you are not alone. Men and Women across all of time have been asking this very thing. In fact the first followers of Jesus, the Apostles, asked this very question of Jesus. This is how we came to have the Our Father or The Lord's Prayer. In this prayer we discover the formula for a perfect prayer. We give thanks and honor to God. We ask that whatever his will for us is that we accept it. We acknowledge our short comings, and ask for forgiveness. Then we ask for the grace to face another day. Much like learning our ABC's or PEMDAS for those who remember the way we used to do math before common core. Learning the foundation of prayer leads to a rich life, full of God moments leading us to new opportunities that we may never have encountered.

It is often said, "I can pray anywhere." But the real question becomes, do you? Our Catechism tells us that everything we do; our work, our words, our actions, our family life, even our recreation, is a sacrifice worthy of God if done intentionally. Do our souls reflect that? Do we offer up to God what he alone has given us? As we approach Spring with a joyful anticipation and the weather turns warmer please know that the parish has several offerings of the Holy Sacrifice of the Mass to fit a busy weekend schedule.

Saturday

4:00 PM Basilica 🎇 4:00 PM Holy Family 4:00PM Holy Trinity 6:00PM Holy Family in (Spanish)

= Livestreamed to Parish Website, FB & YT 8:30 AM Holy Cross 🎇 8:30 AM Our Lady-Rosary 10:30 AM Basilica 10:30 AM Holy Trinity 11:00 AM Holy Family 5:00 PM Holy Family

7:00 AM Basilica 🎇

Please know that the parish offers special times of prayer throughout the day and special places where you can sit quietly with the Lord, even if only for a moment:

Daily Rosary prior to Mass:

Every Morning our Parish prays the rosary together before daily Mass. Often times it can be easy to listen to it and pray along while getting ready for work or the day by tuning into our website, Facebook, or YouTube page. Please come join us inperson or via our livestream.

Daily Mass: Monday through Friday our Parish offers Daily Mass at: 7:00AM Basilica & 8:30AM Holy Trinity

Our faith increases because we learn more, both intellectually and spiritually. As the Word of God enters our minds and our hearts, we begin to be transformed, seeing, in part, how to change vices into virtues. Sometimes, we see elements of our own lives in the readings or the homilies that we hear, allowing us to make a personal goal of aligning ourselves to the ways in which God wants us to live. Receiving the Eucharist continues this transformation, helping us to understand how to love as God does. As St. Therese of Lisieux stated, "I understood that love comprises all vocations – that love is everything, and because it is eternal, embraces all times and places." This love is not only our own but also God's.

Visiting Jesus daily in the Tabernacle can also help us to grow in holiness. St. John Paul II said: "Love Jesus present in the Eucharist. He is present in a sacrificial way in Holy Mass, which renews the Sacrifice of the Cross. To go to Mass means going to Calvary to meet him, our Redeemer. He comes to us in Holy Communion and remains present in the tabernacles of our churches, for he is our friend." In the same way that the women and the Beloved Disciple likely grew in holiness as they stood with Jesus through his Passion and Death, we too, have the opportunity to grow in holiness as a result of being at the foot of the Cross during the Holy Sacrifice of the Mass. Specifically, we begin to see our own crosses as a cause for joy as we stay near the never-ending hope of our Savior's Cross.

Rivier Adoration Chapel at Holy Cross: Come and sit with of our Lord, present in the Most Blessed Sacrament. The chapel is open for quiet prayer:

> Sunday 2:00PM-8:00PM Monday 8:00AM-8:00PM Tuesday 8:00AM-9:00PM Wednesday 8:00AM-9:00PM Thursday 8:00AM-9:00PM Friday 8:00AM-9:00PM Saturday 8:00AM - Noon



There are many more opportunities for prayer throughout the liturgical year like rosary rallies, novenas, and retreats.

The Seven Sacraments

Becoming Catholic

We extend a heartfelt invitation to explore the ichness of the Catholic faith. Join us on a journey of discovery, prayer, and community as we embrace the teachings and traditions that have guided generations. Your presence would be a blessing on this path of faith. Will you consider becoming a part of our Catholic community? Your journey starts with a phone call. Please reach out to our Parish Office and set up a meeting today!

Catholic Marriages

Are you recently engaged, or have a special someone in mind? Have you invited the Holy Spirit to be a part of the reception? Before you confirm the caterers and put a deposit on the venue, give us a call. God has a plan for you and your intended that goes way beyond the color scheme of the napkins and flowers, or the seating chart for the rehearsal dinner and we want to help guide you through it! Maybe you were married in a friends back yard, or on a beach at sunset, someplace warm and tropical, but have always felt that calling, to elevate your marriage into something more, to something holy, to a **Sacrament**. Bringing your marriage into the church starts with a meeting with one of our priests and opens you and your spouse to the graces God always meant for you to have in your relationship. Having your marriage blessed can be as simple or as grand as you imagine, but at the heart, it invites God into the marriage. Adding his love,

Having a Child Baptized

Congratulations on the birth of your new bundle of joy! This is

grace, and spirit to work through you and your spouse.

an exciting time for your family and we want to celebrate with you! Having your child baptized is one of the most important gifts you can give your child. Baptism opens up our souls to the sanctifying grace that only God can provide. We know that schedules can get crazy, and the lack of sleep doesn't help, so we have made it as simple as possible to prepare you and your child for baptism. Simply register online and set up a meeting with one of our priests. Our priests want to congratulate you and get to know your family and at the end of the meeting they will set you up with our online preparation course entitled "Belonging". This course is completed from the comfort of your own home and on your schedule. Once completed you simply send in your godparent forms and child's birth certificate and we can schedule the big day.

Reconciliation

The Sacrament of Reconciliation awaits with open arms, offering healing and renewal. Embrace the grace of forgiveness, and rediscover the joy of a reconciled heart. Come back to the sacrament, experience God's mercy, and let this Easter season mark a beautiful return to the embrace of His

Confirmation & 1st Communion

Our program typically starts when your child enters the first grade and introduces them to the rich world of scripture and Catholic traditions, preparing them to be open to the promptings of the Holy Spirit within themselves. In their second year we explore how God has laid out a plan for us and how through the

Sacraments we continue to be guided by his grace and grow in relationship with Jesus through, reconciliation and communion, and how confirmation equips us to go out and share the good news of Jesus with those around us. This is a 2-year process for all children between the ages of 6 and 8 and culminates in a celebration with the Bishop in the late Spring of their second year.

Anointing of the Sick

The Sacrament of the Sick is for Catholics who are seriously ill, have grown worse in their illness, are facing serious surgery, or are elderly. Continuing the work of Jesus and in His Name, the priest anoints the sick to ask for spiritual and physical healing from God. Call the office if you know of anyone who needs the Sacrament of the Sick.

Holy Orders - Vocations

That more men and women will joyfully answer the call of the Lord to proclaim His life, death and resurrection as priests and religious brothers and sisters. Talk to your priest or reach out to the Vocation Office at (207) 773-6471 or email: vocations@portlanddiocese.org

If you are in need of any Sacraments or have any questions please reach out to our Evangelization and Catechesis Office by calling (207) 777-1200 or by emailing pop@portlanddiocese.org



FINDING THE **MEANING OF LIFE**

Explore the deepest questions of the human heart and discover the meaning of life with this illuminating 7-part series. Access this for free through your parish.

To sign up for free: 1. Visit signup.formed.org 2. Enter your parish zip code or name

Inside Panels Front Panel (Cover) **Back Panel**